

# FRIDAY FORMAT

**GOOD MORNING LADIES AND GENTLEMEN. THIS IS THE REGULAR OPEN MEETING OF THE “GOOD MORNING CARMEL” GROUP OF ALCOHOLICS ANONYMOUS. MY NAME IS \_\_\_\_ AND I AM AN ALCOHOLIC.**

**PLEASE SILENCE YOUR CELL PHONE DURING THE MEETING.**

**AFTER A MOMENT OF SILENCE, WOULD THOSE WHO WISH, PLEASE JOIN ME IN THE SERENITY PRAYER.**

**I HAVE ASKED \_\_\_\_ TO READ THE “PREAMBLE”.**

**I HAVE ASKED \_\_\_\_ TO READ THE “TWELVE STEPS”.**

**I HAVE ASKED \_\_\_\_ TO READ A PORTION FROM CHAPTER 3 – “MORE ABOUT ALCOHOLISM”.**

**PLEASE ALLOW ME TO COMPLETE THE FOLLOWING BEFORE OUR BREAK.**

**ACCORDING TO OUR 7<sup>TH</sup> TRADITION, ALCOHOLICS ANONYMOUS IS SELF-SUPPORTING THROUGH OUR OWN CONTRIBUTIONS. THE BASKET IS FOR THE SUPPORT OF THIS MEETING AND A.A. AS A WHOLE. THE PINK CAN IS FOR LITERATURE FOR HOSPITALS AND INSTITUTIONS. (Pass separately).**

**THERE ARE AA PAMPHLETS, MEETING SCHEDULES AND A PHONE LIST FREE FOR THE TAKING. PLEASE TALK TO XXXXX, OUR TREASURER, IF YOU CARE TO PURCHASE ANY OF THE BOOKS.**

**HELP YOURSELF TO COFFEE OR TEA IN THE KITCHEN. THE BATHROOMS ARE LOCATED >**

**DOES ANYONE HAVE ANY AA-RELATED ANNOUNCEMENTS OR REPORTS?**

**NOT TO EMBARRASS YOU, BUT SO WE CAN GET TO KNOW YOU BETTER, WILL ANYONE WITHIN THE FIRST 30 DAYS OF THEIR LAST DRINK PLEASE INTRODUCE THEMSELVES?**

**IF ANYONE IS WILLING TO BE A TEMPORARY SPONSOR, PLEASE RAISE YOUR HAND.**

**WOULD ANY VISITORS TO THE AREA PLEASE INTRODUCE THEMSELVES AND TELL US WHERE YOU ARE FROM.**

**PLEASE LIMIT YOUR SHARE TO 3 MINUTES IN ORDER TO OFFER EVERYONE THE OPPORTUNITY TO SHARE.**

**TODAY IS A 12 STEPS AND 12 TRADITIONS STUDY MEETING. WE ALTERNATE READING A STEP FROM THE FIRST PART OF THE BOOK, AND THEN A TRADITION FROM THE BACK OF THE BOOK. TODAY WE ARE ON STEP/TRADITION # \_\_\_\_ ON PAGE\_\_ BEGINNING WITH THE PARAGRAPH \_\_\_\_\_. WOULD ANYONE LIKE TO START READING?**

**(7:40 A.M.) AT THIS TIME, WE INVITE NEWCOMERS AND VISITORS TO SHARE.**

**THE SUGGESTED CLOSING TIME IS 7:55 UNLESS ANYONE HAS A NEED TO SHARE TODAY.**

**WHO YOU SEE HERE, WHAT YOU HEAR HERE, WHAT IS SAID HERE.....LET IT STAY HERE!**

**I HAVE ASKED \_\_\_\_ TO READ THE NINTH STEP PROMISES.**

**THANK YOU TO THE READERS AND SET UP PEOPLE.**

**\_\_\_\_, WOULD YOU PLEASE LEAD US IN THE SERENITY PRAYER.**