

MONDAY FORMAT

GOOD MORNING LADIES AND GENTLEMEN. THIS IS THE REGULAR OPEN MEETING OF THE “GOOD MORNING CARMEL” GROUP OF ALCOHOLICS ANONYMOUS. MY NAME IS ___ AND I AM AN ALCOHOLIC.

PLEASE SILENCE YOUR CELL PHONE DURING THE MEETING.

AFTER A MOMENT OF SILENCE, WOULD THOSE WHO WISH PLEASE JOIN ME IN THE SERENITY PRAYER.

I HAVE ASKED ___ TO READ THE “PREAMBLE”.

I HAVE ASKED ___ TO READ A PORTION OF CHAPTER 5 IN THE BIG BOOK, “HOW IT WORKS.”

JUST AS THE STEPS ARE TO THE INDIVIDUAL, THE TRADITIONS ARE TO THE GROUP. I HAVE ASKED _____ TO READ THE TRADITIONS.

PLEASE ALLOW ME TO COMPLETE THE FOLLOWING BEFORE OUR BREAK.

ACCORDING TO OUR 7TH TRADITION, ALCOHOLICS ANONYMOUS IS SELF-SUPPORTING THROUGH OUR OWN CONTRIBUTIONS. THE BASKET IS FOR THE SUPPORT OF THIS MEETING AND A.A. AS A WHOLE. THE PINK CAN IS FOR LITERATURE FOR HOSPITALS AND INSTITUTIONS. (Pass separately)

THERE ARE AA PAMPHLETS, MEETING SCHEDULES AND A PHONE LIST FREE FOR THE TAKING. PLEASE TALK TO XXXXX, OUR TREASURER, TO PURCHASE ANY OF THE BOOKS.

HELP YOURSELF TO COFFEE, OR TEA IN THE KITCHEN. THE BATHROOMS ARE LOCATED (indicate by pointing).

DOES ANYONE HAVE ANY AA-RELATED ANNOUNCEMENTS OR REPORTS?

NOT TO EMBARRASS YOU, BUT SO WE CAN GET TO KNOW YOU BETTER, WILL ANYONE WITHIN THE FIRST 30 DAYS OF THEIR LAST DRINK PLEASE INTRODUCE THEMSELVES.

IF ANYONE IS WILLING TO BE A TEMPORARY SPONSOR, PLEASE RAISE YOUR HAND.

ANYONE VISITING FROM OUTSIDE THE AREA, PLEASE INTRODUCE YOURSELF AND TELL US WHERE YOU ARE FROM.

PLEASE LIMIT YOUR SHARE TO 3 MINUTES IN ORDER TO OFFER EVERYONE THE OPPORTUNITY TO SHARE.

TODAY WE READ A PAGE FROM “DAILY REFLECTIONS” AS A TOPIC FOR DISCUSSION, AND TODAY I HAVE ASKED _____ TO READ FOR US AND SHARE.

(7:40): AT THIS TIME, WE INVITE NEWCOMERS AND VISITORS TO SHARE.

THE SUGGESTED CLOSING TIME IS 7:55 UNLESS ANYONE HAS A NEED TO SHARE TODAY.

WHO YOU SEE HERE, WHAT YOU HEAR HERE, WHAT IS SAID HERE.....LET IT STAY HERE!

THANK YOU TO THE READERS AND SET UP PEOPLE.

I HAVE ASKED _____ TO READ THE NINTH STEP PROMISES.

_____, WOULD YOU PLEASE LEAD US IN THE SERENITY PRAYER.