

# **SUNDAY FORMAT**

**GOOD MORNING LADIES AND GENTLEMEN. THIS IS THE REGULAR OPEN MEETING OF THE “GOOD MORNING CARMEL” GROUP OF ALCOHOLICS ANONYMOUS. MY NAME IS \_\_\_\_\_ AND I AM AN ALCOHOLIC.**

**PLEASE SILENCE YOUR CELL PHONE DURING THE MEETING.**

**AFTER A MOMENT OF SILENCE, WOULD THOSE WHO WISH PLEASE JOIN ME IN THE SERENITY PRAYER.**

**I HAVE ASKED \_\_\_\_\_ TO READ THE “PREAMBLE”.**

**I HAVE ASKED \_\_\_\_\_ TO READ A PORTION OF CHAPTER 5 IN THE BIG BOOK, “HOW IT WORKS.”**

**JUST AS THE STEPS ARE TO THE INDIVIDUAL, THE TRADITIONS ARE TO THE GROUP. I HAVE ASKED \_\_\_\_\_ TO READ THE TRADITIONS.**

**PLEASE ALLOW ME TO COMPLETE THE FOLLOWING BEFORE OUR BREAK.**

**ACCORDING TO OUR 7<sup>TH</sup> TRADITION, ALCOHOLICS ANONYMOUS IS SELF-SUPPORTING THROUGH OUR OWN CONTRIBUTIONS. THE BASKET IS FOR THE SUPPORT OF THIS MEETING AND A.A. AS A WHOLE. THE PINK CAN IS FOR LITERATURE FOR HOSPITALS AND INSTITUTIONS. (Pass separately).**

**THERE ARE AA PAMPHLETS, MEETING SCHEDULES AND A PHONE LIST FREE FOR THE TAKING. PLEASE TALK TO XXXXX, OUR TREASURER, IF YOU CARE TO PURCHASE ANY OF THE BOOKS.**

**HELP YOURSELF TO COFFEE OR TEA IN THE KITCHEN. THE BATHROOMS ARE LOCATED >**

**DOES ANYONE HAVE ANY AA-RELATED ANNOUNCEMENTS OR REPORTS?**

**NOT TO EMBARRASS YOU, BUT SO WE CAN GET TO KNOW YOU BETTER, WILL ANYONE WITHIN 30 DAYS OF THEIR LAST DRINK PLEASE INTRODUCE THEMSELVES?**

**IF ANYONE IS WILLING TO BE A TEMPORARY SPONSOR, PLEASE RAISE YOUR HAND.**

**WOULD ANYONE VISITING FROM OUTSIDE THE AREA PLEASE INTRODUCE YOURSELF AND TELL US WHERE YOU ARE FROM.**

**FOLLOWING THE SPEAKER, PLEASE LIMIT YOUR SHARE TO 3 MINUTES IN ORDER TO OFFER EVERYONE THE OPPORTUNITY TO SHARE.**

**ON SUNDAY, ONE OF OUR GROUP IS ASKED TO SELECT A PAGE IN “AS BILL SEES IT”, AND SHARE ON THE READING. TODAY, I HAVE ASKED \_\_\_\_\_ TO READ AND SHARE.**

**(8:40 A.M.) AT THIS TIME, WE INVITE NEWCOMERS AND VISITORS TO SHARE.**

**THE SUGGESTED CLOSING TIME IS 8:55 UNLESS ANYONE HAS A NEED TO SHARE TODAY.**

**WHO YOU SEE HERE, WHAT YOU HEAR HERE, WHAT IS SAID HERE.....LET IT STAY HERE!**

**I HAVE ASKED \_\_\_\_\_ TO READ THE “NINTH STEP PROMISES”.**

**THANK YOU TO THE READERS AND SET UP PEOPLE.**

**\_\_\_\_\_, WOULD YOU PLEASE LEAD US IN THE SERENITY PRAYER.**