

Drinking from a Cold Spring - A Creative Immersion

Chat Notes - Transformation

Yo Yo Ma & Kathryn Stott - Ol Man River - Songs of Comfort and Hope

Richard Diebenkorn - <https://diebenkorn.org/>

Banksy / Bob Ross Mashup - <https://www.youtube.com/watch?v=0kdmXlpt5YY>

Pontormo (Jacopo Carucci) - <https://en.wikipedia.org/wiki/Pontormo>

The Way it Is - *William Stafford*

There's a thread you follow. It goes among
things that change. But it doesn't change.
People wonder about what you are pursuing.
You have to explain about the thread.
But it is hard for others to see.
While you hold it you can't get lost.
Tragedies happen; people get hurt
or die; and you suffer and get old.
Nothing you do can stop time's unfolding.
You don't ever let go of the thread.